



Nova Major Hockey Team		Association Policies & Procedures	
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Player Code of Conduct			

Purpose:

As a member of the Nova Major Hockey Team, I understand that I am always a representative of my hockey team, on and off the ice. I agree to always adopt the following Code of Conduct whether it is at practices, games, or tournaments. I fully understand that breaching this Code could result in a penalty as severe as suspension for the duration of the remainder of the season.

Policy:

- Play for the fun of it, not just to please parents and coaches.
- Remember the goals of the game are to have fun, improve your skills and feel good.
- Play by the rules and be a good sport.
- Respect and adhere to all ideals, policies and rules determined by Hockey Canada, Hockey Nova Scotia, the Nova Scotia U15 Major Hockey League, and the Nova Major Hockey Team.
- Not permit their actions or words to embarrass their teammates, their coaches, their opponents, their supporters, and family or the referees, and by so doing will not embarrass themselves.
- Control their temper. Refrain from “mouthing off”, breaking sticks, throwing gloves or other equipment. Never argue with the officials’ decision, allowing the captain or coach to ask as necessary.
- Always use best efforts, show respect for teammates and the team and play with the realization that goals and objectives for personal success are less important than the team success.
- Respect their opponents (even if he/she doesn’t show respect) and will play fair, clean and hard. They will not allow themselves to take cheap shots, run goalies or incur needless or unnecessary penalties by undisciplined play. Treat all players, as you yourself would like to be treated.
- Cooperate with the coaching staff, accept the directions of the coaching staff concerning hockey and will show respect by keeping quiet and paying attention when the coaches are speaking.



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- Remember they are representing themselves, their parents, their team, their sponsor, and the Nova Major Hockey Program at all times, including to and from the arena.